

# SEABROOK™

## MASSAGE MENU

### Relaxation Massage

This treatment uses a combination of long, gliding strokes with firm but gentle pressure to ease muscle tension, increase circulation, and generate a complete state of relaxation.

25 min. - \$50

50 min. - \$90

80 min. - \$130

\*Add 20 minutes of Deep Tissue Massage - \$25

A deeper touch that focuses on penetrating below the superficial muscle layer to help relieve the body of its accumulated stress and tension.

### Seabrook Stone Massage

Everyday tensions melt away as heated stones glide over the body. The placement and touch of the stones help rid of negative energies and soothe tired muscles completing a deeper sense of relaxation.

50 min. - \$100

80 min. - \$140

### Beachcomber's Foot Massage

Revitalize tired feet with a massage dedicated solely to the ankles, feet, and toes.

25 min. - \$45

\*Add a 25 minute hand massage to your foot treatment to gain a nice, rounded balance - \$35

### Call to schedule an appointment

(360) 276-0265

